

IFBB & NPC ADELA GARCIA CLASSIC
IFBB PRO FITNESS OLYMPIA QUALIFIER
&
NPC NATIONAL QUALIFIER

June 03, 2023 - Austin, Tx

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IFBB & NPC EVENT SCHEDULE

FRIDAY JUNE 02, 2023

5:00pm - 6:00pm - IFBB Pro Fitness Check-Ins

6:00pm - 8:00pm - NPC Competitor Check-Ins

SATURDAY JUNE 03, 2023

8:00 am - Doors open to Competitors

8:30 am - Doors open to Public

9:00 am - NPC Men's Pre-Judging

11:00 am - IFBB Women's Pro Fitness & NPC Women's Pre-Judging

-----**AFTERNOON BREAK**-----

5:00 pm - Men's Finals & Awards

7:00 pm - IFBB Women's Pro Fitness & NPC Women's Finals & Awards

REGISTRATION CHECKLIST

- Fill out online entry form. Click on Competitor Registration on Home Page
- Online Entry is \$150.00 per division. Must pay by Credit Card. **ONLINE ENTRY DEADLINE IS WEDNESDAY MAY 31st AT 9PM**
- **WE DO** accept registrations at the competitor Check-in. There is a \$50 Late Fee. We accept cash or credit cards for registrations at Check-in
- Make sure you have a 2023 NPC Card.
- Purchase your NPC Card Here. <https://npcnewsonline.com/join-the-npc/>
 - Or you can Purchase at the Competitor Check-In for \$135 CASH ONLY
- Book your Tanning/Make-up/Hair. Links for tanning & hair are listed below. ONLY our official tanners and make-up artists are allowed backstage or on venue & Hotel premises.
- Make sure to review NPC Rules & Regulations: <https://npcnewsonline.com/rules>

COMPETITOR CHECK-IN

IFBB COMPETITOR CHECK-IN

Friday June 2, 2023

5:00pm - 6:00pm

NPC COMPETITOR CHECK-IN

Friday June 2, 2023

6:00pm - 7:30pm

CHECK-IN LOCATION

Palmer Events Center
900 Barton Springs Rd.
Austin, Tx 78704

- When you arrive proceed to your designated check-in table based on what class you registered for. (ONLY IF YOU ALREADY HAVE YOUR HEIGHT & NPC CARD)
- If you do not have a height card, you can stop by the Height Card table at check-ins and receive that. (Bodybuilding does not need a height card)
- Bodybuilders and Classic Physique must wear their posing trunks.
- Women Competitors must wear their suit bottoms to check-in. Wear them underneath your sweats or cover-up.

Competitor posing suits must meet NPC requirements. View all division criteria here:

- [Bodybuilding](#)
- [Men's Classic Physique](#)
- [Men's Physique](#)
- [Women's Physique](#)
- [Bikini](#)
- [Fitness](#)
- [Figure](#)
- [Wellness](#)

ONLINE ENTRY DEADLINE: Wednesday May 31, 2023. You can still register at the competitor meeting.

LATE ENTRY FEE: If you register at the competitor meeting, the entry fee will be \$185.00

ADDING A CLASS: If you have already registered for a class you will be able to add a class at check-ins with NO Late Fee.

NPC CARD: You will be able to purchase at competitor Check-in. \$135 cash only.

CONTEST VENUE

Palmer Events Center
900 Barton Springs Rd
Austin, Tx 78704

OFFICIAL HOTEL

Holiday Inn Town Lake - Austin
20 N IH 35
Austin, Tx 78701 512-472-8211 Group Name: AGC
The Official Hotel is Sold Out!

Hotels in the Austin Area:

[CLICK HERE FOR HOTELS](#)

TANNING

Liquid Sun Rayz is the Official & Exclusive Tanning company and the **ONLY** company permitted at the host hotel, venue, & backstage. Backstage services like touch-ups, oil and glue are included with all purchased Liquid Sun Rayz packages.

[TANNING REGISTRATION](#)

HAIR & MAKE-UP

Bella Glam is the Official & Exclusive Make-up & Hair Company and the **ONLY** company permitted at the host hotel, venue & backstage.

[HAIR & MAKE-UP REGISTRATION](#)

OFFICIAL NPC PHOTOGRAPHER

J.M. Manion
NPC News Online Official Photographer
All competitors will receive their stage photos in High Resolution complimentary
www.jmmanion.com

MUSIC

Bodybuilding
Women's Physique
Fitness
Classic Physique

**** No music required for Men's Physique - Figure - Bikini - Wellness**

Music Time

Bodybuilding - Women's Physique - Classic Physique - 60 Seconds Fitness - 2 Minutes

Music Upload:

Once you have registered for a class and created a Muscware account where you will be able to go into your dashboard and upload your music.

COMPETITOR BADGE

You will receive a Competitor Badge at Check-ins that will allow you entrance into the venue. Your competitor badge will allow you to sit in the GENERAL SEATING area if the area is not sold out.

TICKETS

Tickets are available for purchase on the website right now and will be available online until June 2, 2023. General Admission tickets will be sold up until show day. Tickets will also be sold at the door.

[LINK TO TICKET SALES](#)

BACKSTAGE PASS: \$150

No Trainers, Friends, or Family are allowed back stage unless they purchase a backstage pass. For liability purposes, they must also be a member of the NPC with an NPC card.

A Backstage Pass can be purchased at Check-ins or at the Ticketing area the day of the show (limited # available). Must show your NPC card to purchase.

NPC RULES & REGULATIONS - <http://npcnewsonline.com/rules/>

TEXAS NPC CALENDAR - <https://npcusatexas.com>

NPC CARD - <https://npcregistration.com>